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collaborators: H.-W. Hammer, S. Elhatisari, T. A. Lähde, D. Lee and U.-G. Meißner ...

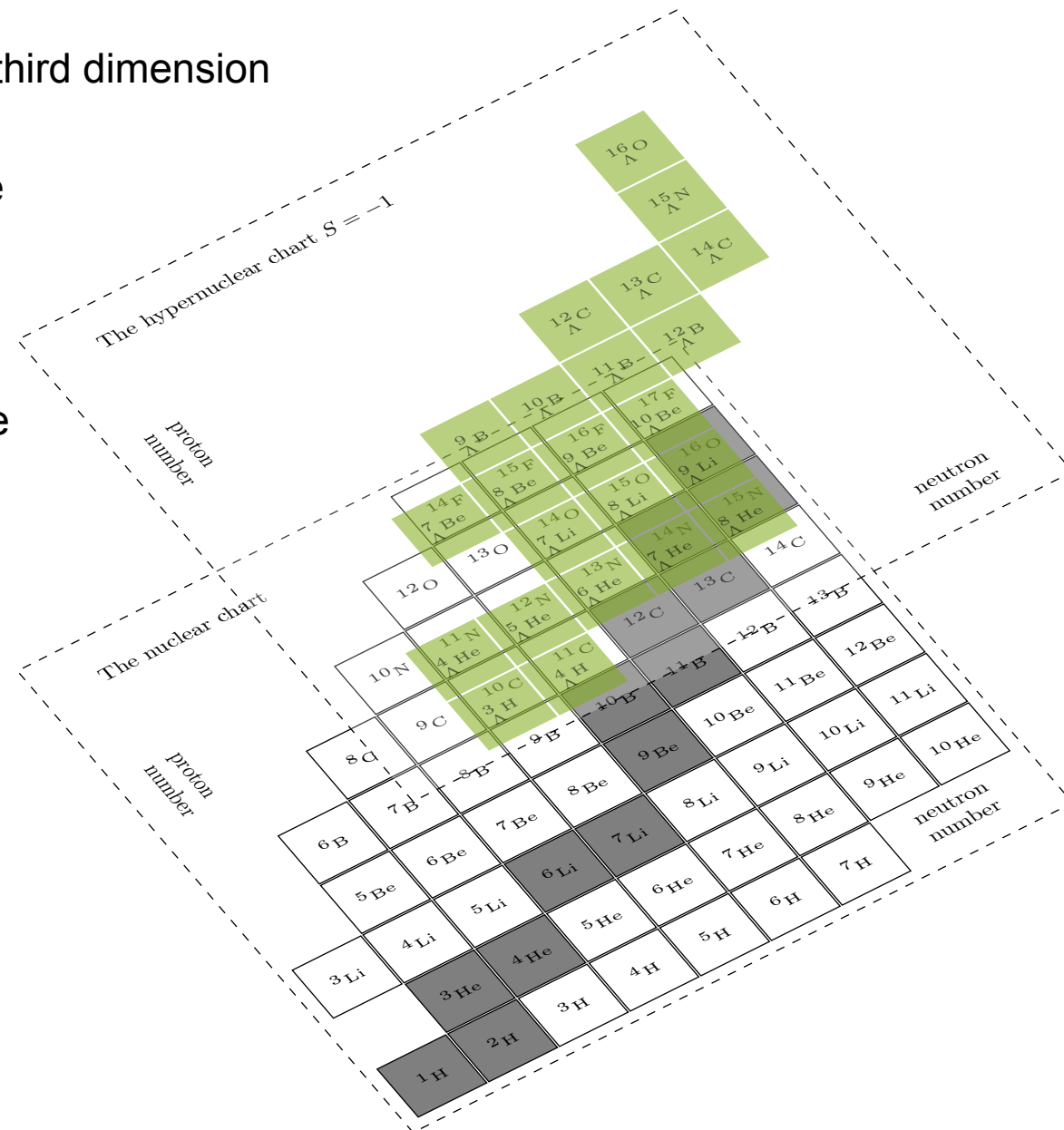
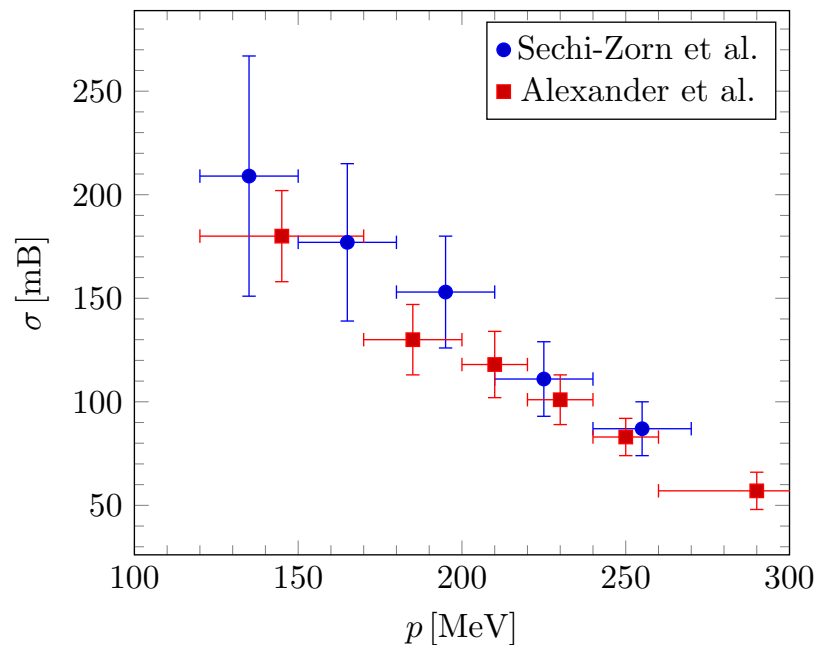
## Outline

- Motivation
- Structure of Three-Body hypernuclei from pionless EFT
  - ▶ Universal Correlations
  - ▶ Lifetime of the hypertriton
- First Insights for hypernuclei from the Lattice
  - ▶ From NLEFT to (Hyper) NLEFT
  - ▶ Impurity Worldline Monte-Carlo

# Hypernuclear physics in a nutshell

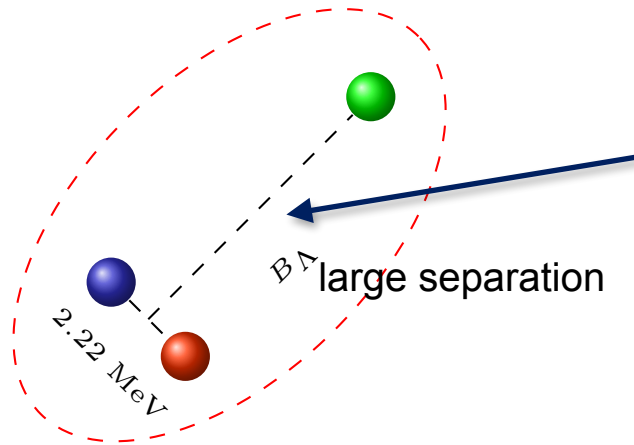
- Strangeness extends the nuclear chart to a third dimension
- Unique opportunity to study the strong force Without the Pauli principle
- Typical approach from nuclear physics does not work since two-body data is sparse

$$\Lambda p \rightarrow \Lambda p$$



- Gateway : **Three-Body Systems**

# The Hypertriton - Known for years still a puzzle



Emulsion:  
 $B_\Lambda = 0.130 \pm 0.050$  MeV Juric 1973

Heavy Ion:  
 $B_\Lambda = 0.406 \pm 0.120$  MeV Star 2020  
 $B_\Lambda = 0.102 \pm 0.063$  MeV Alice 2023

World Average:  
 $B_\Lambda = 0.164 \pm 0.043$  MeV Mainz 2023

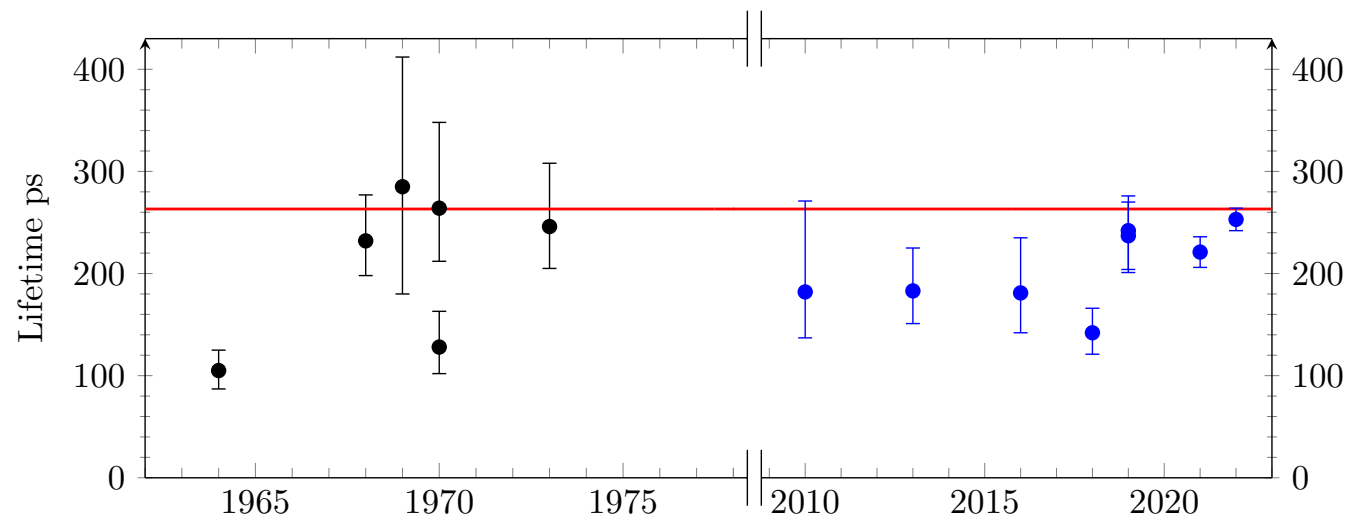
## Shallow S-Wave State

$$J^P = \frac{1}{2}^+$$

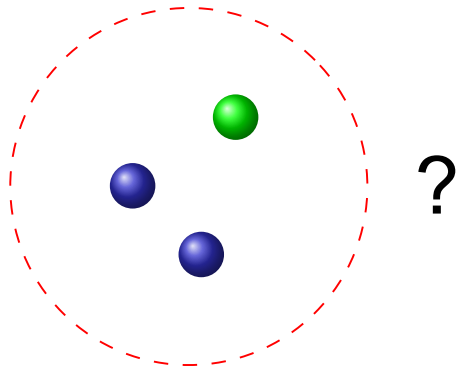
Distinguishable

$$I = 0 \Rightarrow \frac{1}{\sqrt{2}} (pn - np) \Lambda$$

large  $\Lambda - d$  separation  $\Rightarrow \Lambda$  drives the decay



# $\Lambda nn$ -Another three-body system



Might be bound  
 $B_{\Lambda nn} \approx 1.1 \text{ MeV}$  HypHI 2013  
 Contradicts Hypernuclear data  
 Unclear Nature  
 Bound?  
 Resonance?

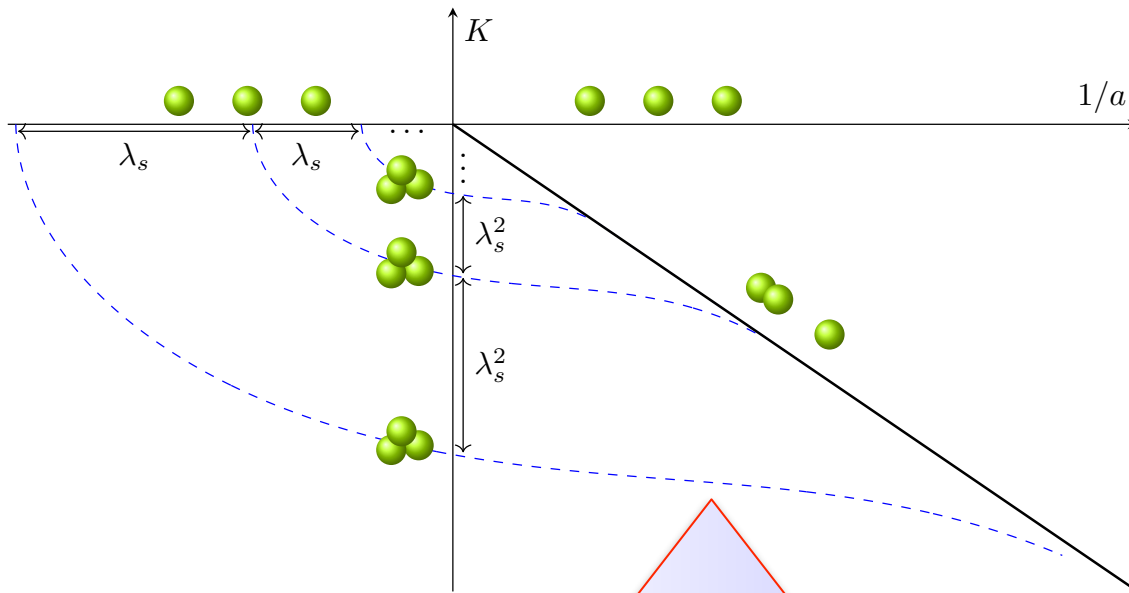
Shallow S-Wave State  
 $J^P = \frac{1}{2}^+$   
 Distinguishable  
 $I = 1 \Rightarrow \Lambda nn$

Similar to Hypertriton  
 Different Isospin  
 Channel

Exploit

Explore  $\Lambda nn$  and Hypertriton  
 Within One Theory

# Theoretical Framework $\Rightarrow$ Pionless EFT



Shallow S-Wave State

$$J^P = \frac{1^+}{2}$$

Distinguishable

2 Isospin Channels

Large Scattering Length

Physics Determined by  $a$  and  $\Lambda_*$

Universal Relations Between Observables

$B_\Lambda$  and  $\langle r^2 \rangle$

$B_\Lambda$  and  $\tau$

$B_\Lambda$  and  $a_{\Lambda d}$

Pionless effective field theory  
Controllable Uncertainties  
Systematic Improvement

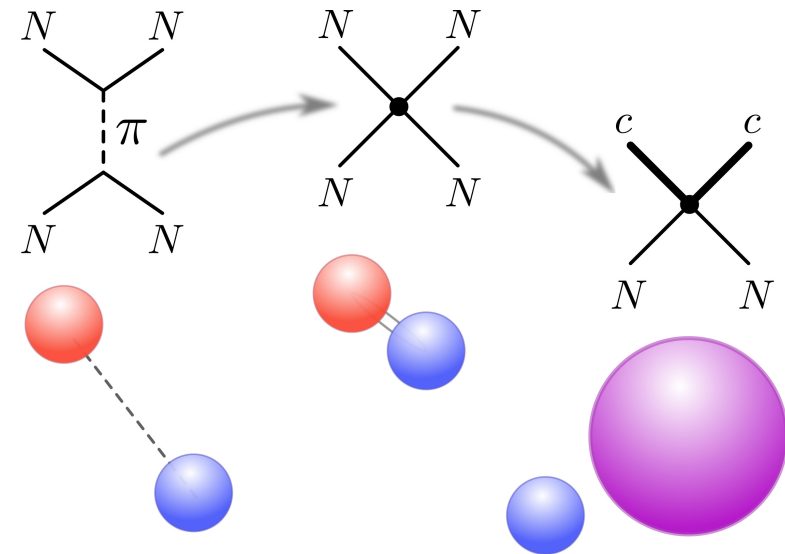
# Why pionless Effective Field Theory(EFT)?

What is an EFT (in a nutshell)?

Simplifies a fundamental theory to its essential parts

Focus on the relevant degrees of freedom

Offer a systematic way to improve the theory



Picture: FB Physik TU Darmstadt

Integrate out heavy particles out of the theory

$$\frac{g^2}{m_\pi^2 - q^2} \approx \frac{g^2}{m_\pi^2} + \frac{g^2 q^2}{m_\pi^4} \quad \xrightarrow{\gamma \sim q \ll m_\pi}$$

No explicit  $\Lambda \Leftrightarrow \Sigma$   
But Three-Body-Force

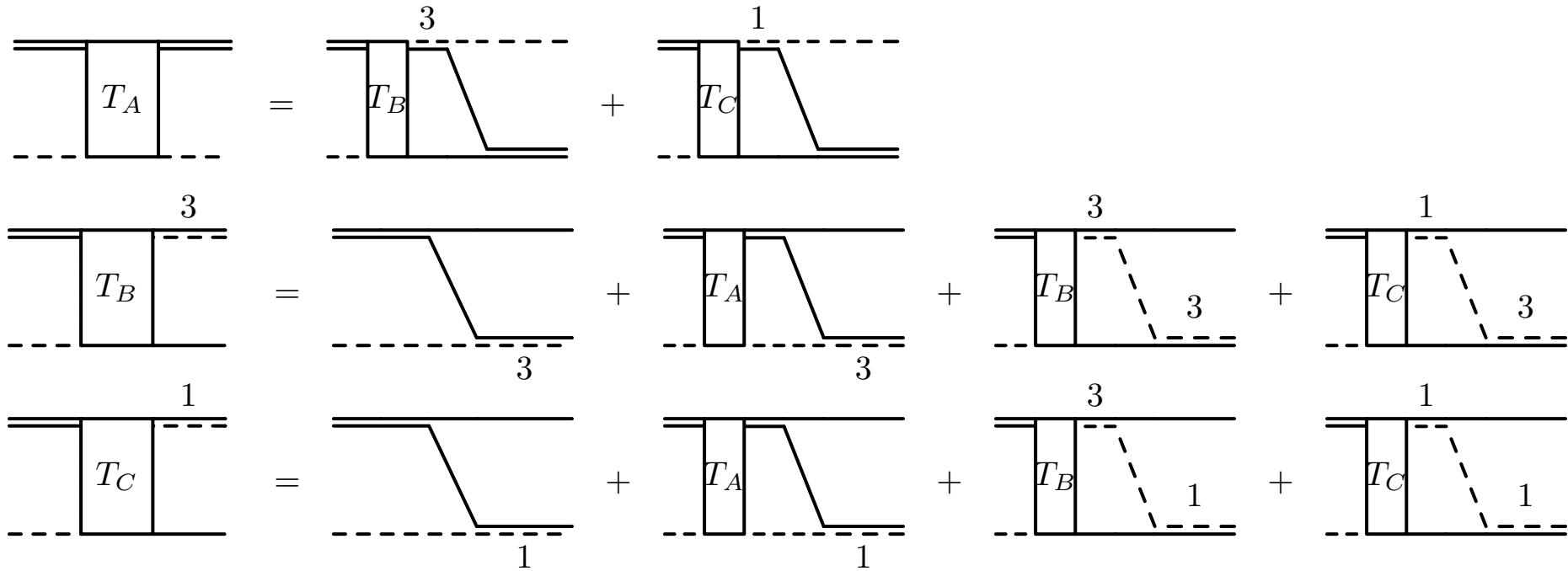
$$\begin{aligned} &^3S_1(NN) + \Lambda \text{ (Hypertriton)} \\ &^1S_0(NN) + \Lambda \quad (\Lambda nn) \end{aligned}$$

$$\begin{aligned} &^3S_1(\Lambda N) + N \quad \text{(Both)} \\ &^1S_0(\Lambda N) + N \quad \text{(Both)} \end{aligned}$$

# Three-body Hypernuclear Lagrangian

$$\begin{aligned}
 \mathcal{L} = & \quad \text{N} \quad + \quad \Lambda \\
 & \quad \text{---} \quad + \quad \text{---} \\
 & + \quad {}^1S_0 (NN) \quad + \quad {}^3S_1 (NN) \quad + \quad {}^3S_1 (\Lambda N) \quad + \quad {}^1S_0 (\Lambda N) \\
 & + \quad \text{---} \quad + \quad \text{---} \quad + \quad \frac{\text{---}}{3} \quad + \quad \frac{\text{---}}{1} \\
 & + \quad \text{---} \quad + \quad \text{---} \quad + \quad \frac{\text{---}}{3} \quad + \quad \frac{\text{---}}{1} \\
 & + \quad \dots
 \end{aligned}$$

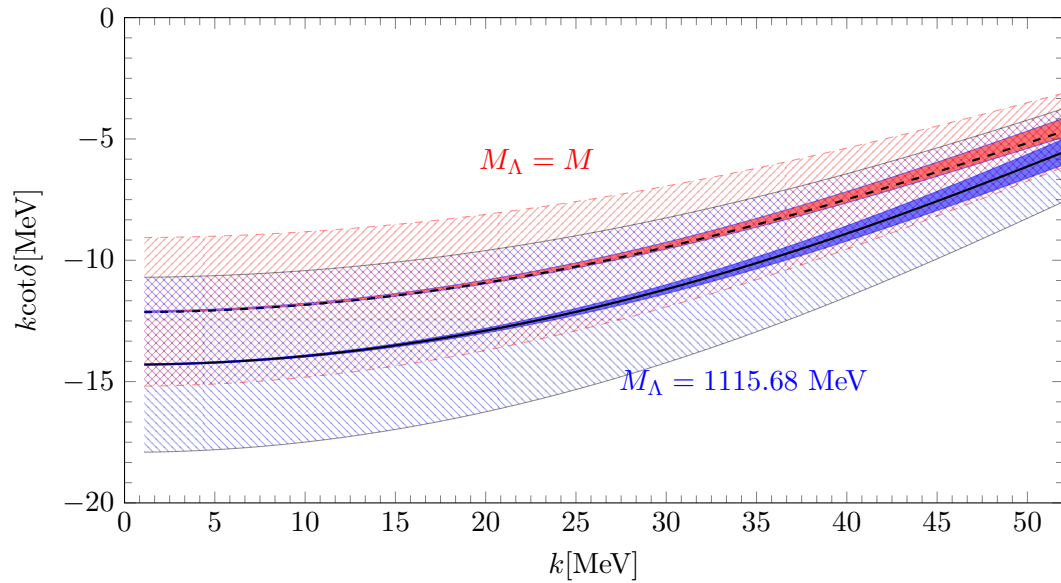
# Integral equations



Integral equations are form invariant for both isospin channels



# The Phillips line for the Hypertriton



Use chiral EFT inputs for  $\Lambda N$  interaction

Phase shift are however independent of details of the interaction

→ Shallowness of the hypertriton

$$a_{\Lambda d} = 15.4^{+4.3}_{-2.3} \text{ fm}$$

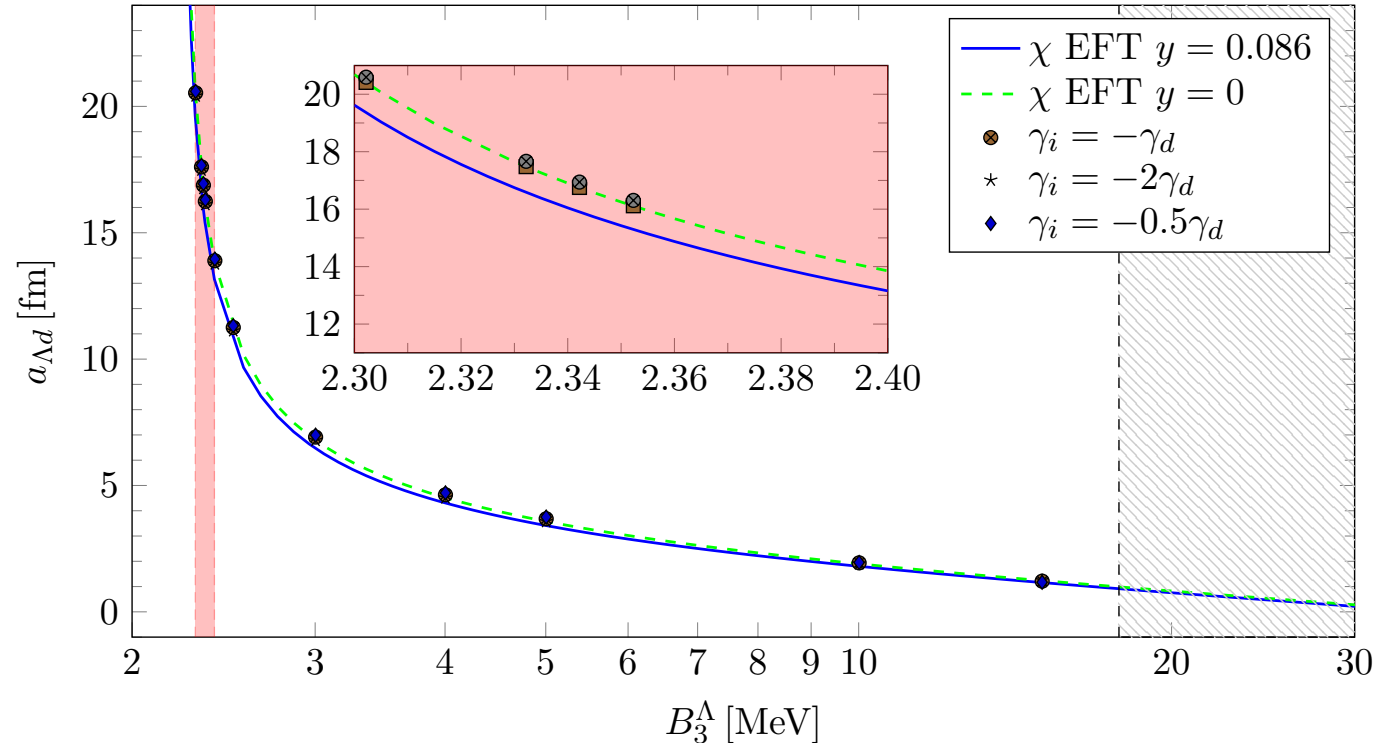
$$r_{\Lambda d} \approx 1.3 \text{ fm}$$

Strong dependence on  $B_{\Lambda}$

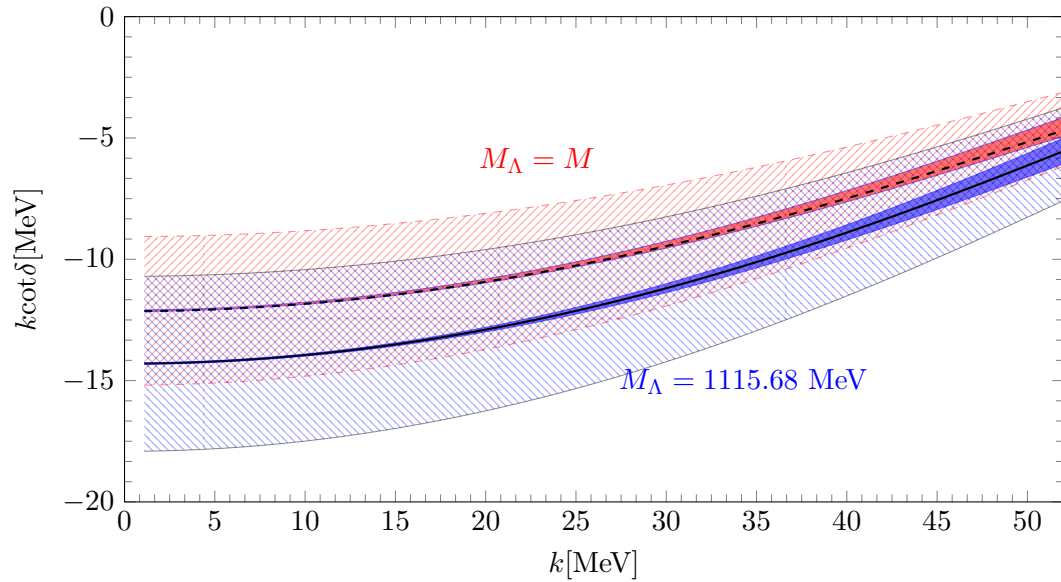
Independent of the  $\Lambda$  pole position

Universal relation :

$$B_{\Lambda} \Leftrightarrow a_{\Lambda d}$$



# The Phillips line for the Hypertriton



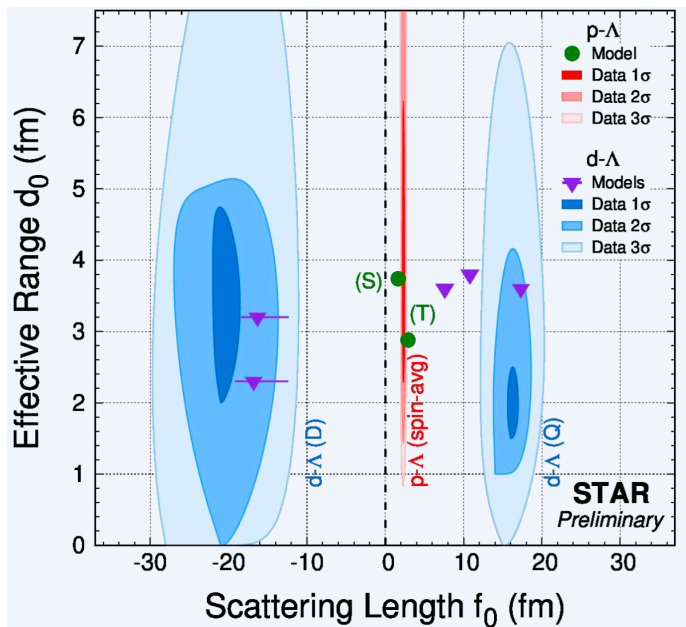
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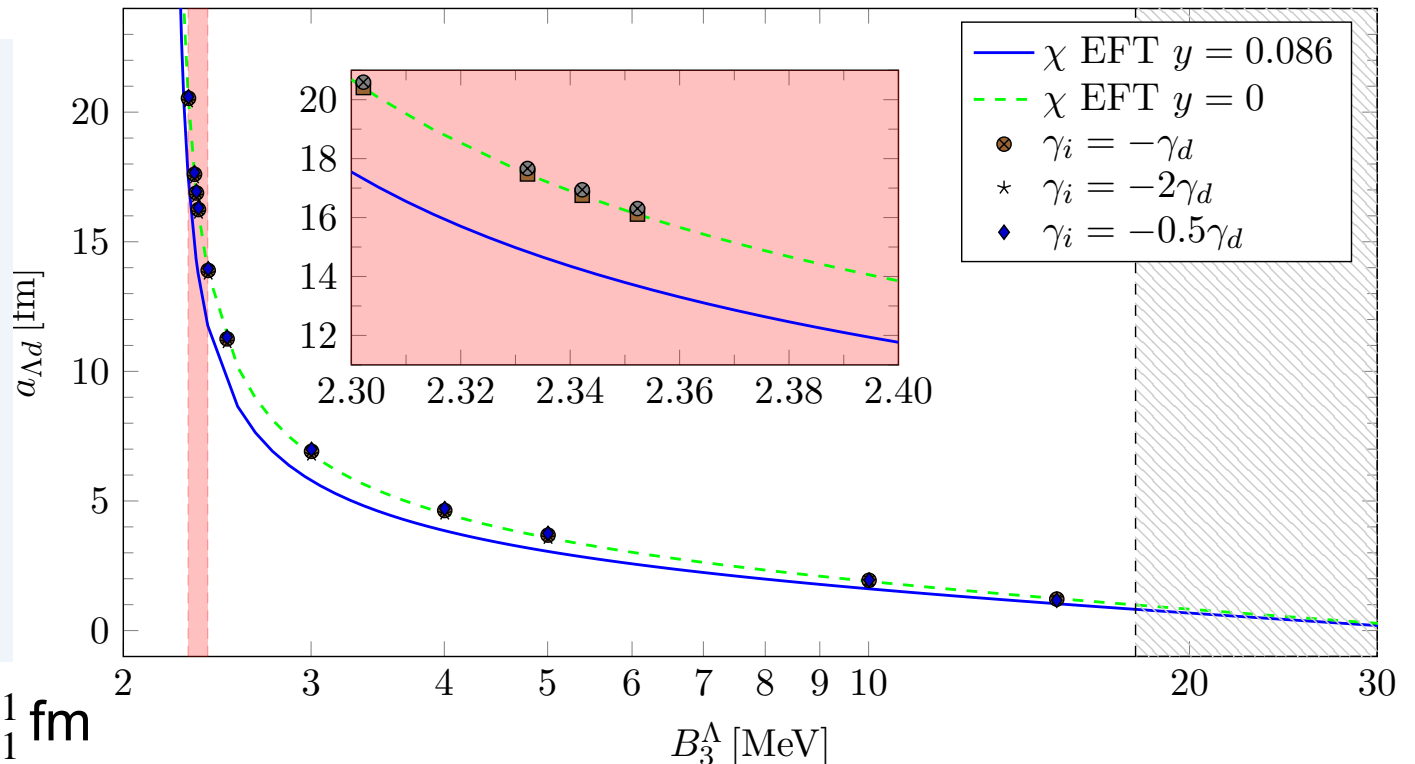
→ Shalowness of the hypertriton

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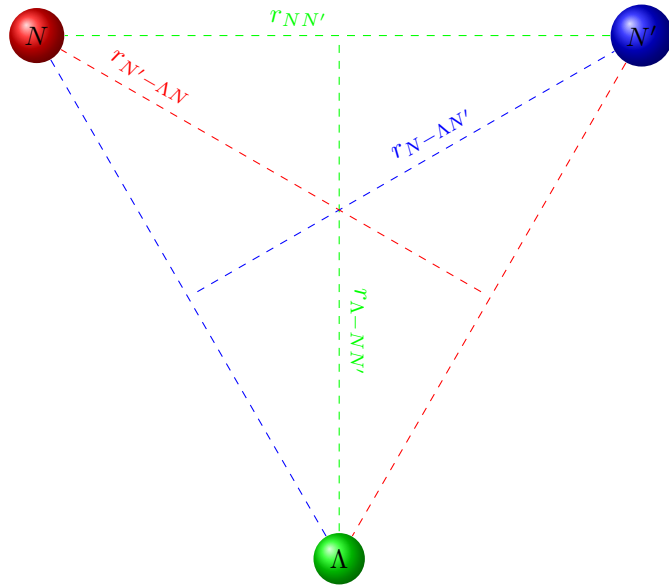
$$r_{\Lambda d} \approx 1.3 \text{ fm}$$



$$a_{\Lambda d} = 16^{+2}_{-1} \text{ fm} \quad r_{\Lambda d} = 2^{+1}_{-1} \text{ fm}$$



# Matter radii for the Hypertriton

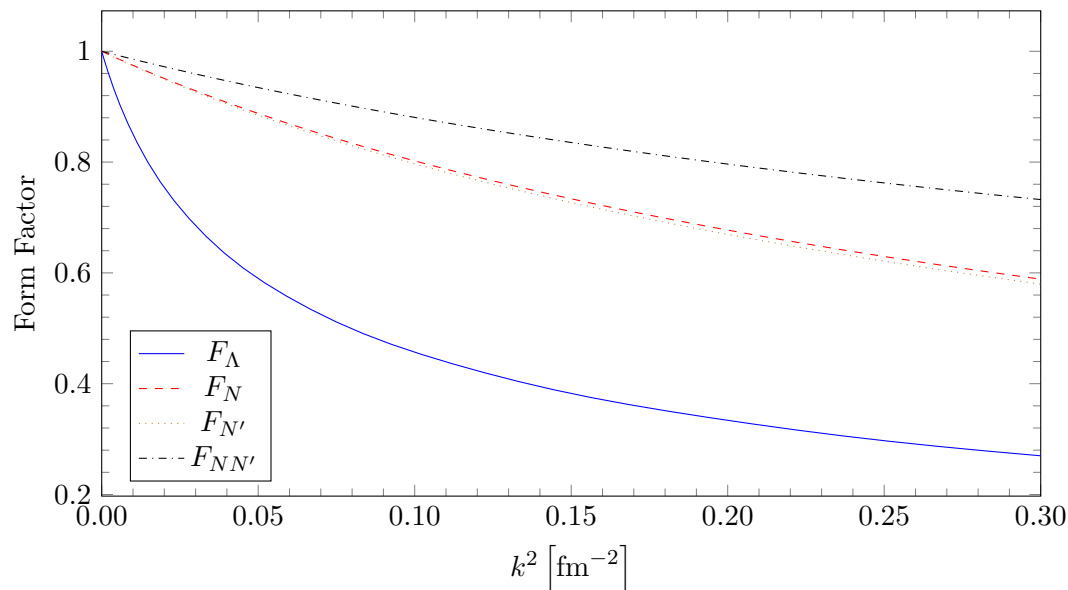


Calculation of form factors out of the Three-body wave functions

$$F_i(\mathbf{k}^2) = \int d^3p \int d^3q \psi_i(p, q) \psi_i(p, |q - k|)$$

Relate different Form Factors to Different Matter Radii

$$F_i(\mathbf{k}^2) = 1 - \frac{1}{6} \mathbf{k}^2 \langle r_{i-jk} \rangle + \dots$$



Halo structure of the hypertriton directly visible

Expectation from two-body calculation

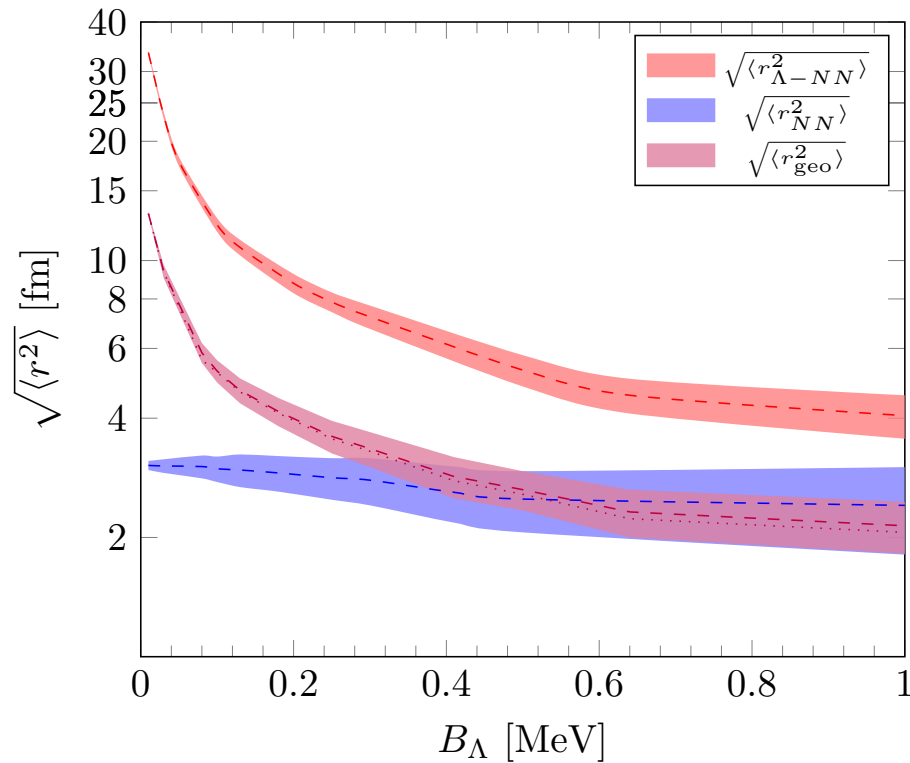
$$B_2 = \frac{1}{2\mu a^2} \quad \text{and} \quad \langle r^2 \rangle = \frac{a^2}{2}$$

$$\sqrt{\langle r_{NN}^2 \rangle} \approx 3.04 \text{ fm}$$

$$\sqrt{\langle r_{\Lambda d}^2 \rangle} \approx 10.34 \text{ fm}$$



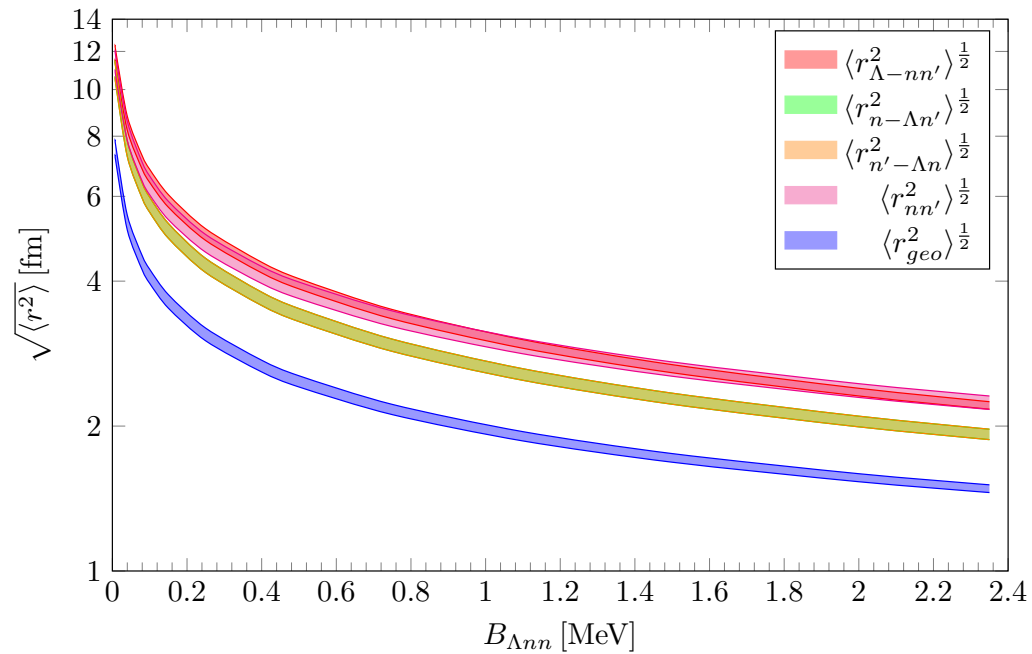
Universal relation between  $\langle r^2 \rangle \Leftrightarrow B_\Lambda$



$\sqrt{\langle r_{\Lambda-NN'}^2 \rangle} [\text{fm}]$	$\sqrt{\langle r_{N'-\Lambda N}^2 \rangle} [\text{fm}]$	$\sqrt{\langle r_{N-N'\Lambda}^2 \rangle} [\text{fm}]$	$\sqrt{\langle r_{NN'}^2 \rangle} [\text{fm}]$	$\sqrt{\langle r_{geo}^2 \rangle} [\text{fm}]$
10.79	3.96	4.02	2.96	4.66
+3.04/-1.53	+0.40/-0.25	+0.41/-0.25	+0.06/-0.05	+1.19/-0.54
+0.03/-0.02	+0.03/-0.03	+0.03/-0.03	+0.03/-0.04	+0.01/-0.01

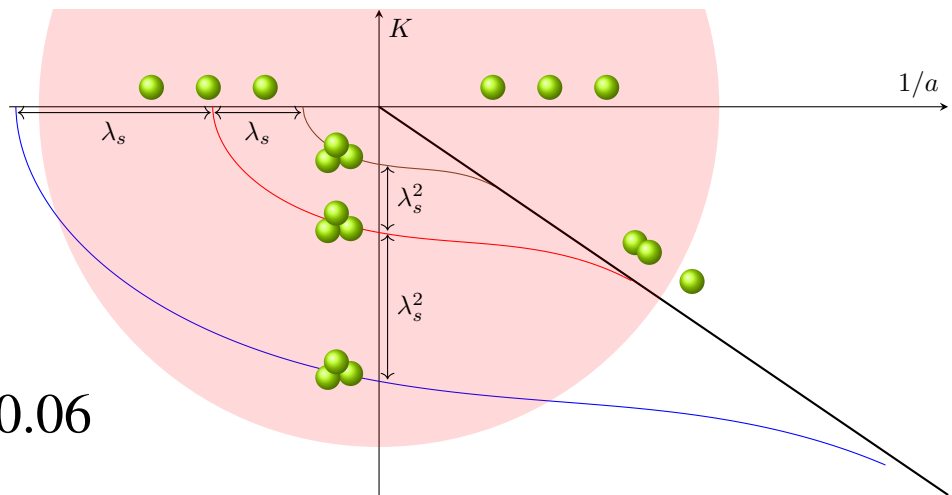
Insensitive to details of Of the  $\Lambda N$  Interaction

# Is a $\Lambda nn$ physical in this theory?



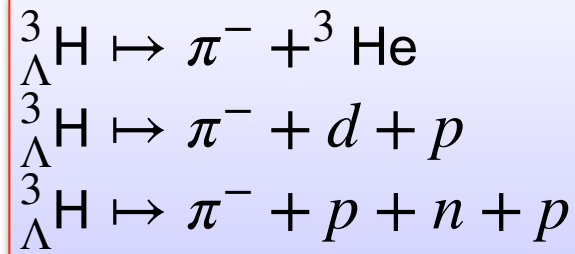
$\Lambda nn$  is physical by construction in this theory since it exhibits the Efimov Effect

BUT!  $\Lambda nn$  might be not within range of Applicability

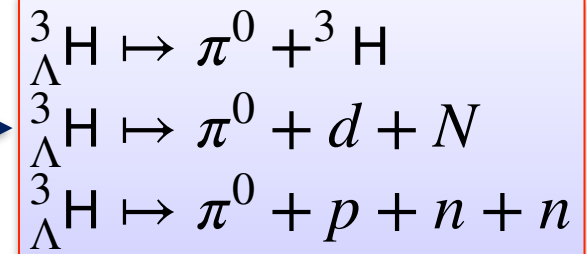


$$P = \frac{\Lambda_*^{I=1, \text{breakdown}} - \Lambda_*^{I=1, \text{threshold}}}{(e^{\pi/s_0} - 1) \Lambda_*^{I=1, \text{breakdown}}} \approx 0.06$$

# Hypertriton Lifetime

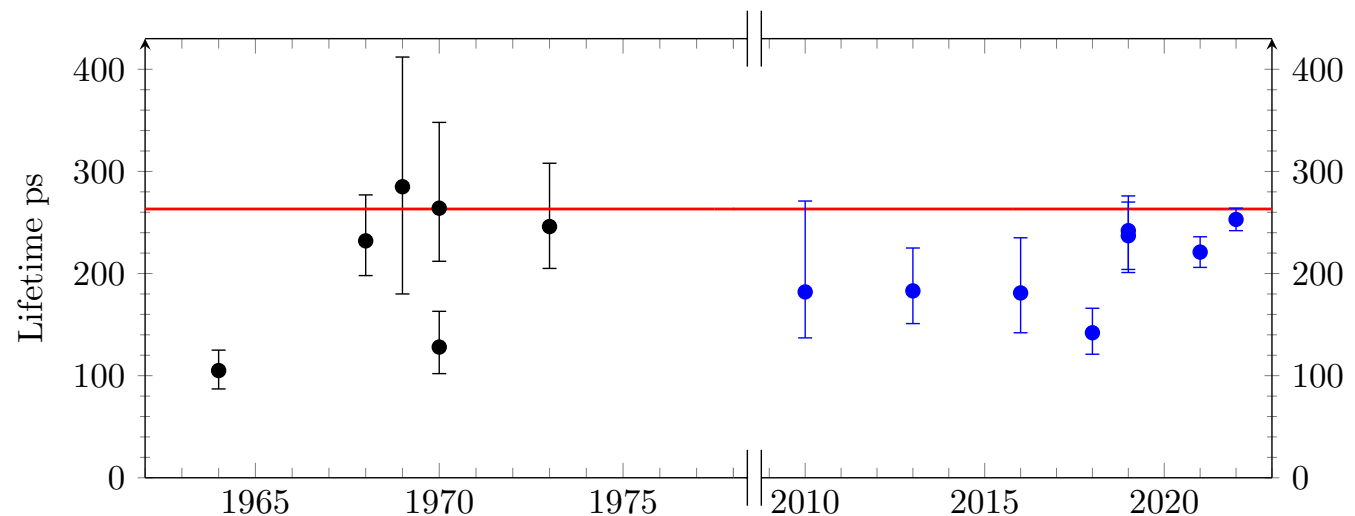


Isospin  $\Delta I = \frac{1}{2}$  rule

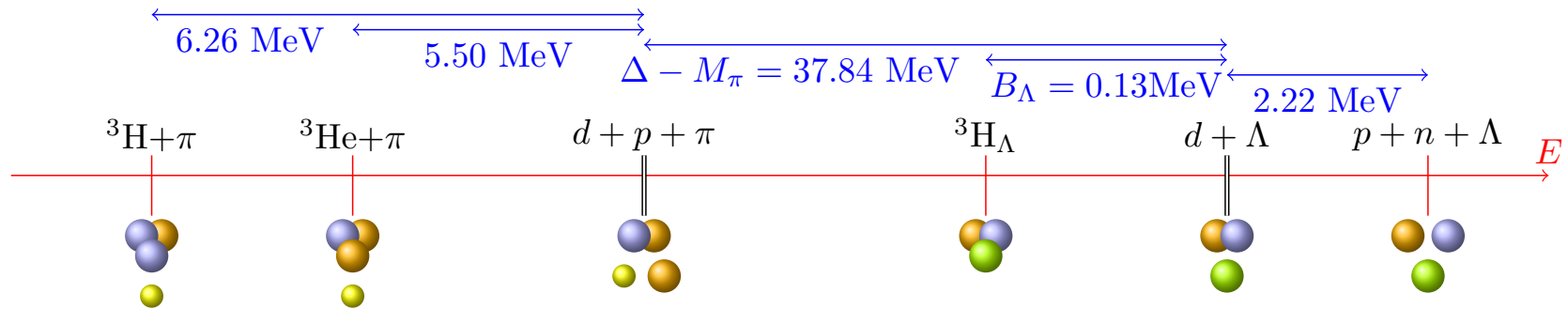


Leptonic and Non-Mesonic Decays are Negligible  
Deuteron Breakup suppressed by 2 order of magnitude

- Two-body picture works
- Calculate Lifetime in a Picture with a fundamental deuteron
- Focus on the  $B_{\Lambda}$  dependence

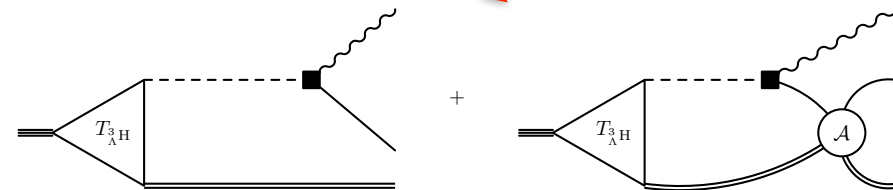
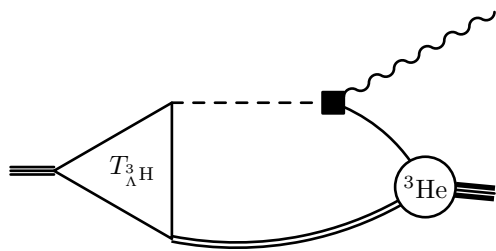


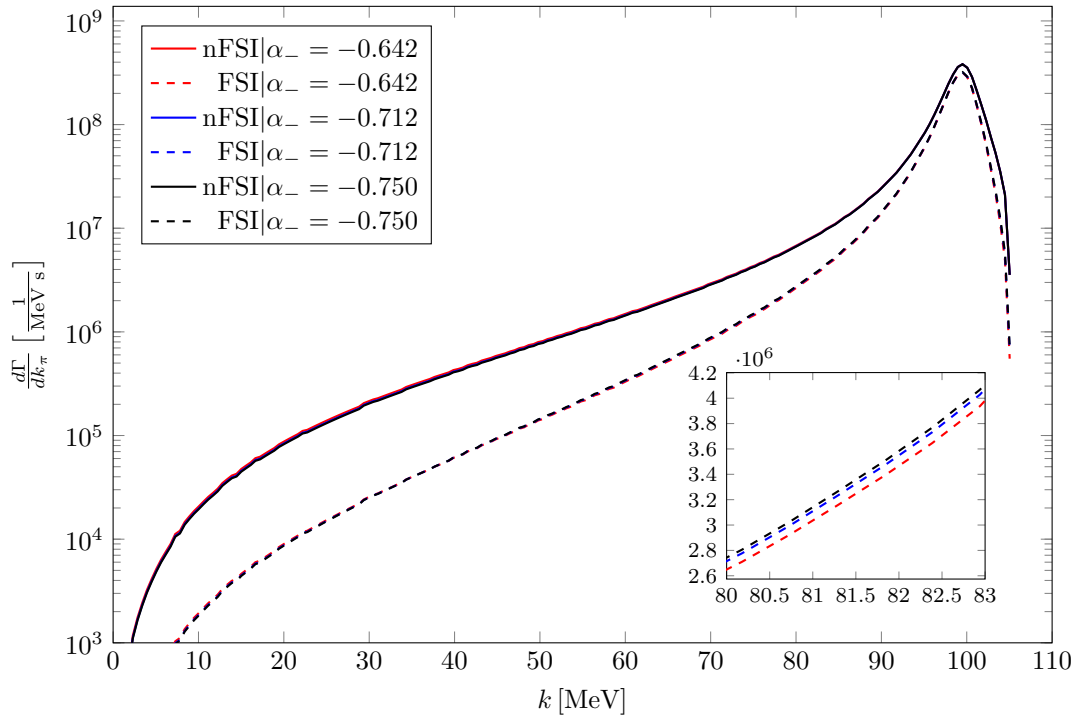
# Hypertriton Lifetime



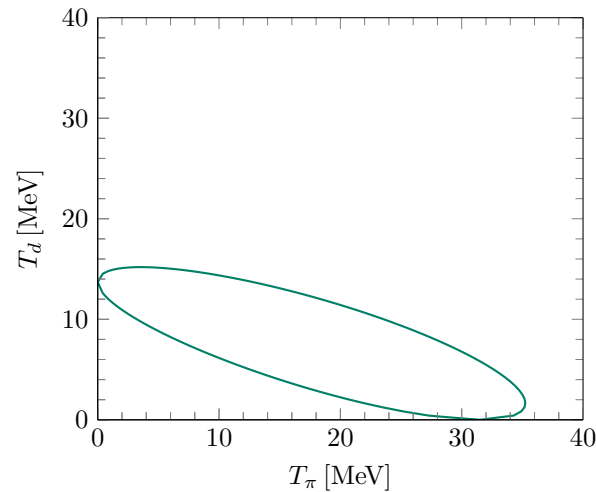
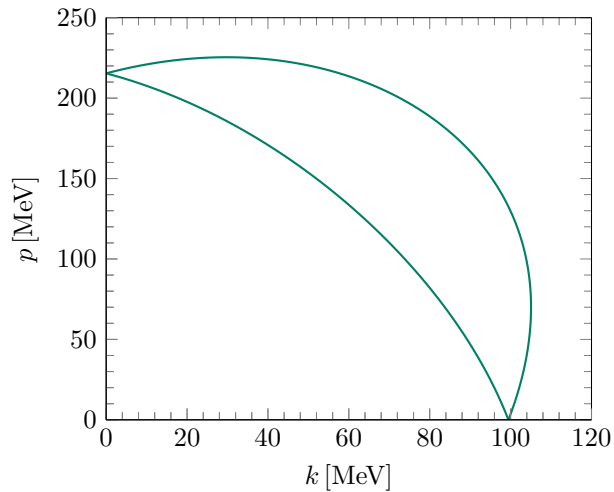
Triton/He Final state

Deuteron Final state



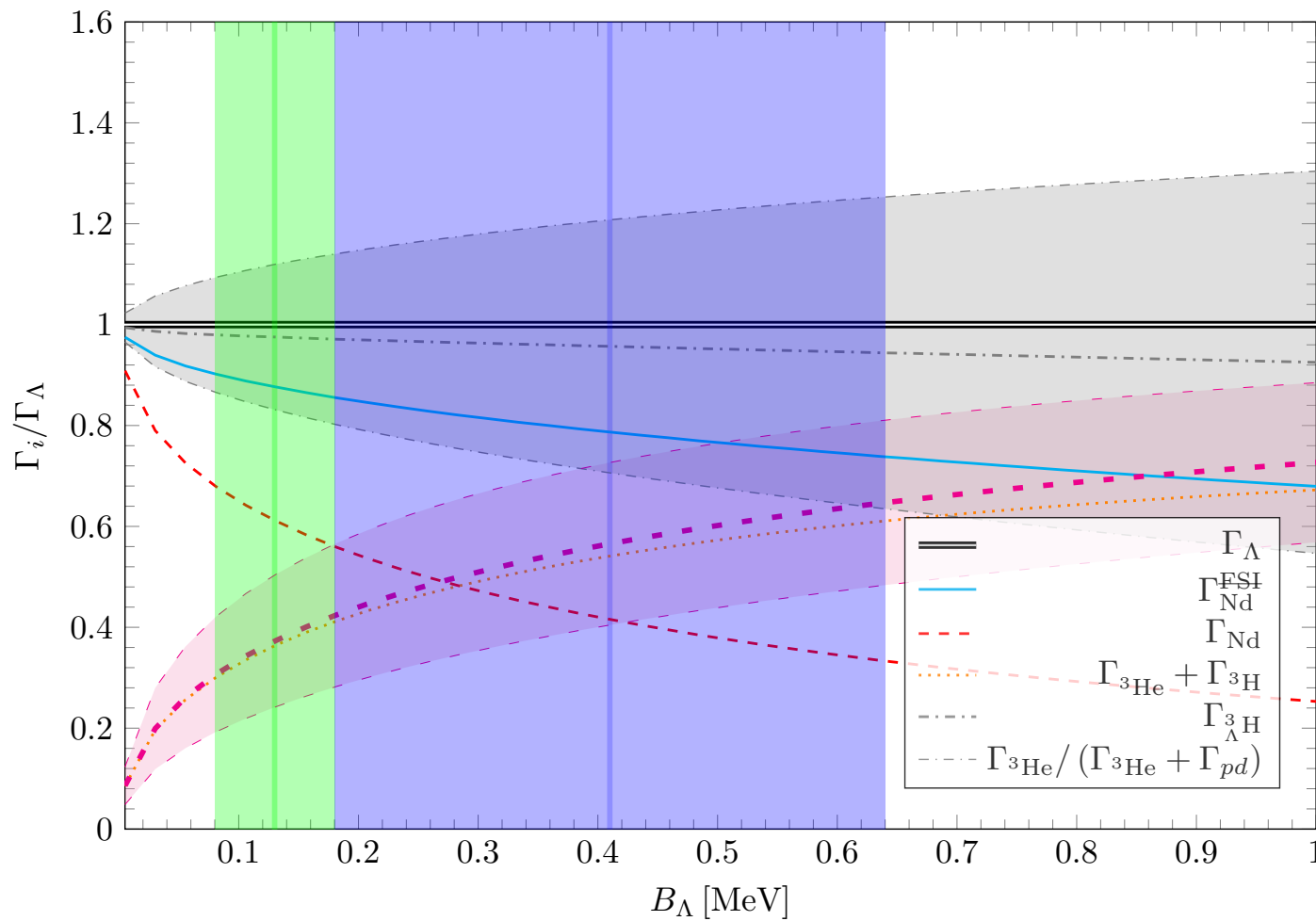


- Minor dependence on the polarisation parameter  $\alpha_-$
- Main contribution from  $k \sim 100$  MeV
- Final State interaction are Important





# Hypertriton Lifetime



- $\Gamma$  barely depend on  $B_\Lambda$
- Final State interaction are important
- The Branching ratio  $R_3$  depends strongly on  $B_\Lambda$
- Star Branching ratio  $0.32(5)(8)$

Emulsion data  $R_3 = \Gamma_{\text{He}} / (\Gamma_{\text{pd}} + \Gamma_{\text{He}}) = 0.3 - 0.4$

# Pionic Final State Interactions

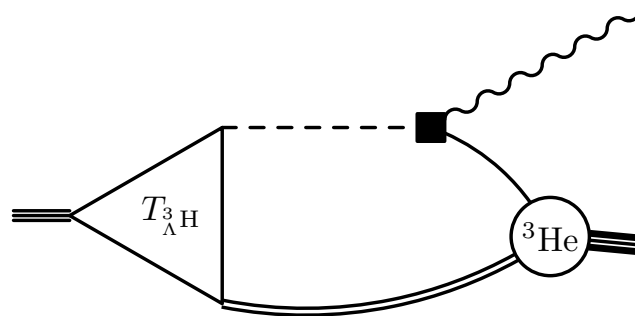
Work by Perez-Obiol  
And Gal suggest significant contribution from Pionic final states

Perez-Obiol 2020, Gal 2019

Different Type of calculation  
Only has two-body decay  
Channel and uses the  
Branching ratio as an input  
Contribution :  $\approx 0.15\Gamma_{\Lambda}$

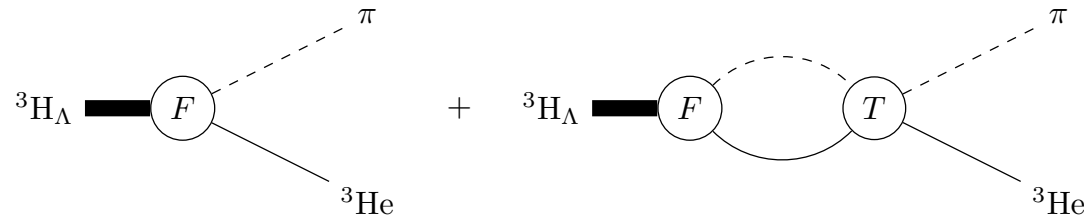
NLO Effect

Choose this channel!



- Only two particles in FSI
- FSI is momentum locked
- Direct comparison is possible
- Not much data available

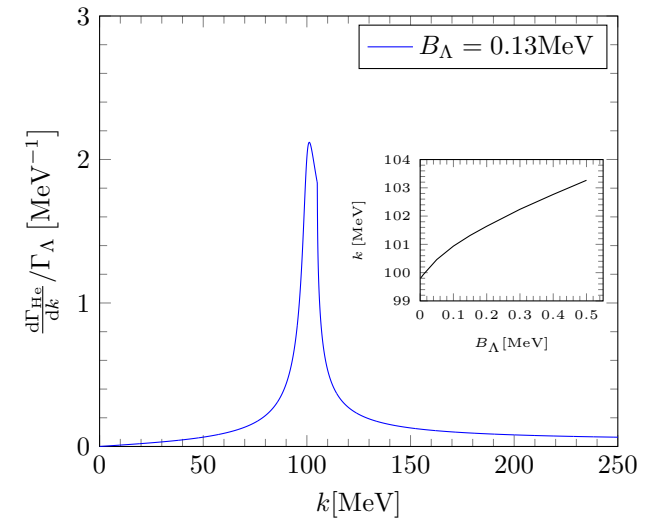
# Pionic Final State Interactions



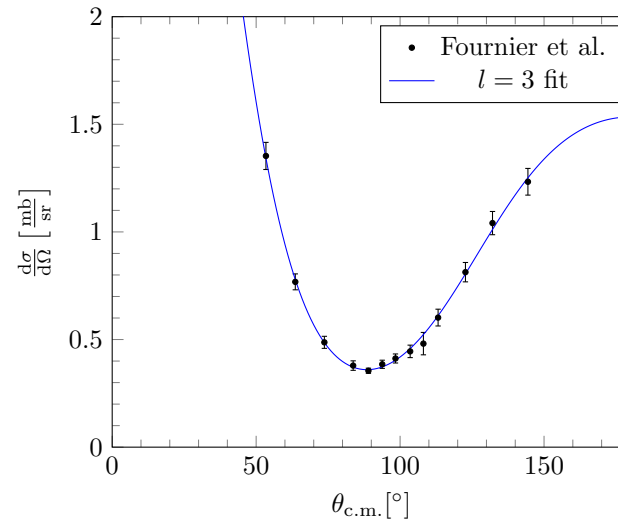
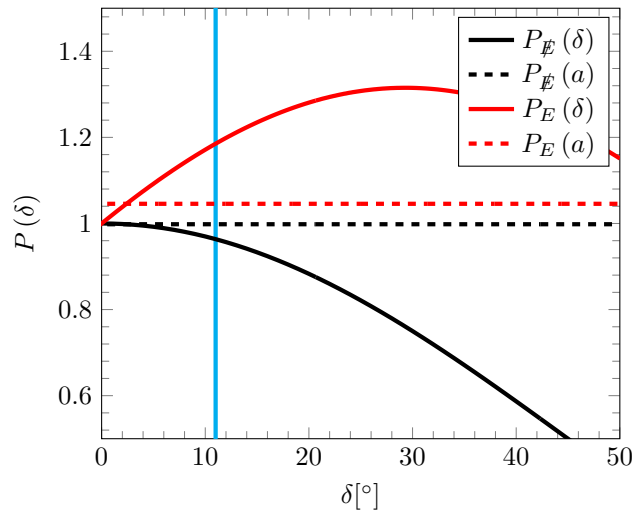
Problem! Not much known About  $^3\text{He} - \pi$  scattering

Only evaluate at the dominating momentum  $\bar{k}$

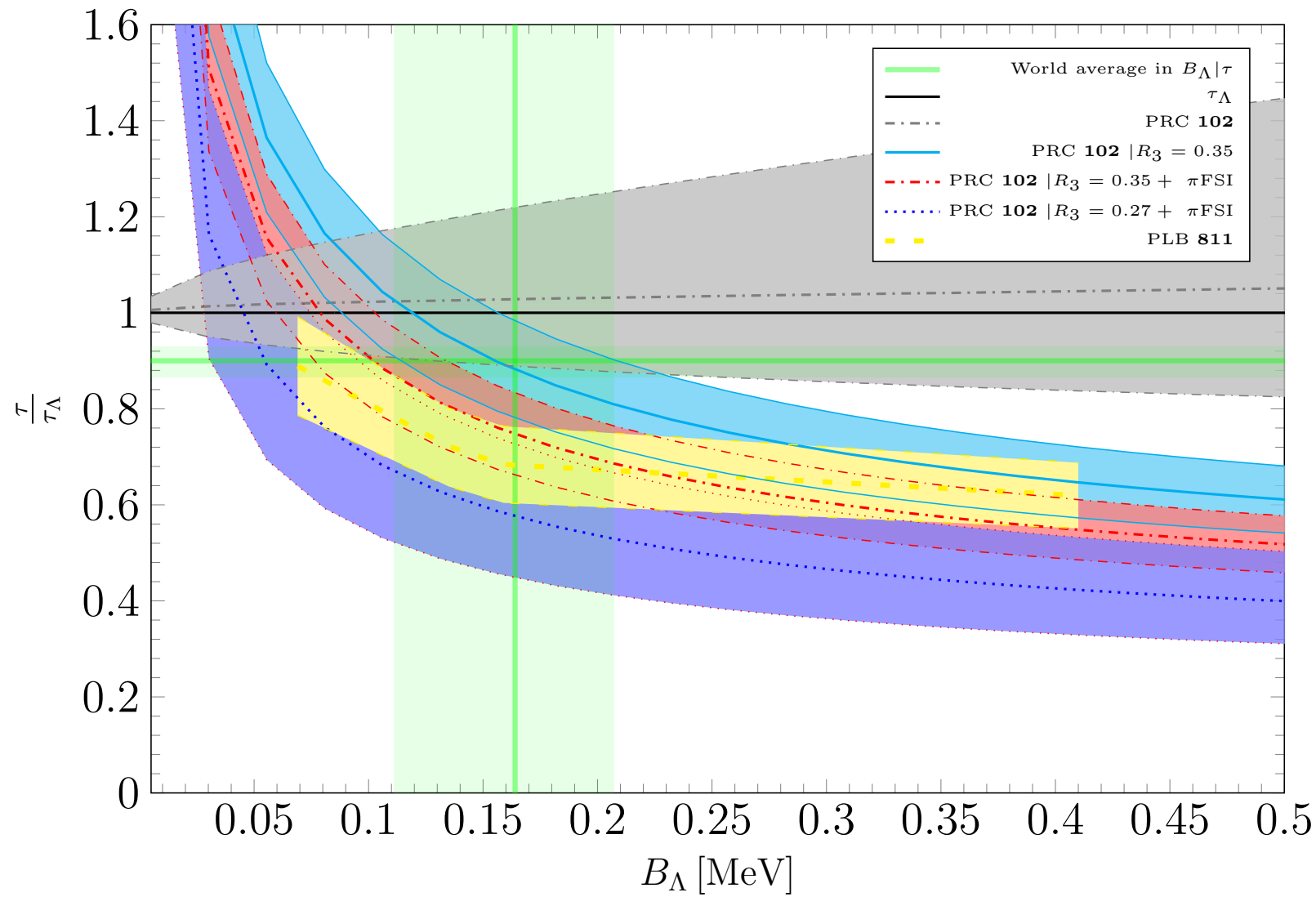
$$M = F^2(k) \frac{(k \cot \delta + \bar{k})^2}{(k \cot \delta)^2 + k^2} \equiv F^2(k) P_E(\delta)$$



Typical momentum depends only weak on  $B_3$



# Pionic Final State Interactions



Universal relation between  $\tau \Leftrightarrow B_\Lambda$

Three-body-hypernuclei are important to understand physics beyond the u- and d-quark sector

Pionless EFT results consistent for large interparticle distance from 2-body Estimate

Results for the hypertriton lifetime with a fundamental deuteron including The full three-body phase space

Branching ratio favours small binding energy

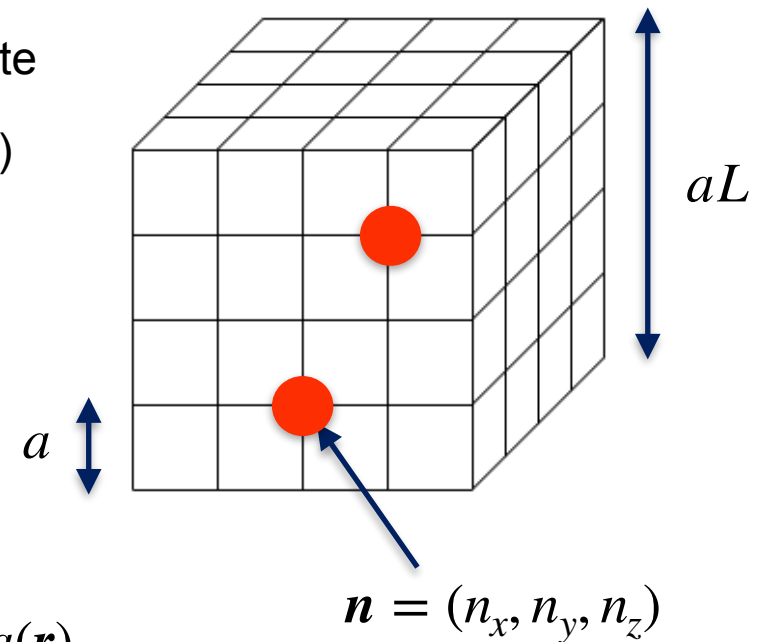
Important to combine different observables: binding energy, lifetime and branching ratios!



Change Gears! Now Nuclear Lattice EFT

- Lattice  $\Rightarrow$  Cubic Volume of size  $(La)^3$  with discrete lattice site  
( $a$  = lattice spacing, serves as UV cutoff for the EFT  $\Lambda = \frac{\pi}{a}$ )
- We need to make our Hamiltonian discrete.

Example: Spin  $\uparrow$  particle(s)



$$H = \frac{1}{2m} \int d^3r \nabla a^\dagger(\mathbf{r}) \cdot \nabla a(\mathbf{r}) = -\frac{1}{2m} \int d^3r a^\dagger(\mathbf{r}) \cdot \nabla^2 a(\mathbf{r})$$

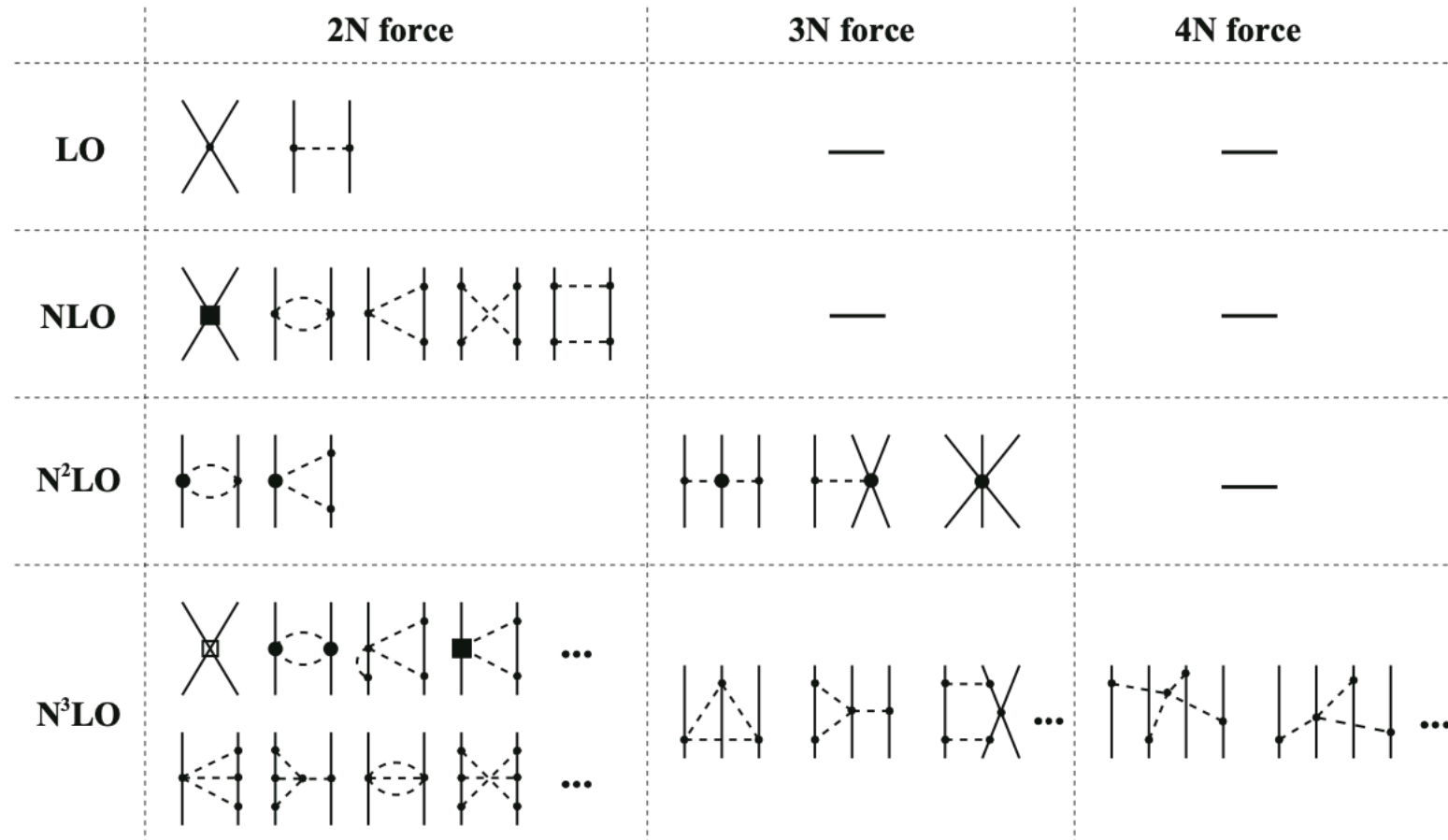


Nearest neighbours

$$H_L = \frac{3}{\tilde{m}} \sum_n a_i^\dagger(\mathbf{n}) a_i(\mathbf{n}) - \frac{1}{2\tilde{m}} \sum_n \sum_{l=1}^3 \left[ a_i^\dagger(\mathbf{n}) a_i(\mathbf{n} + \hat{e}_l) + a_i^\dagger(\mathbf{n}) a_i(\mathbf{n} - \hat{e}_l) \right]$$

simplest version, many more possible, do the same with the potential

- Different Interaction: Chiral EFT



Epelbaum

- For a general Operator  $\mathcal{O}$ , the expectation value in path integral formalism is given

$$\langle \mathcal{O} \rangle = \frac{1}{\mathcal{Z}} \int \mathcal{D}s \mathcal{O}[s] \exp(-S_E[s, \beta])$$

$$\langle \mathcal{O} \rangle = \approx \frac{\sum_s \mathcal{D}s \mathcal{O}[s] \exp(-S_E[s])}{\sum_s \exp(-S_E[s])} \quad \propto \text{complex phase} \quad \Rightarrow \text{sign problem}$$

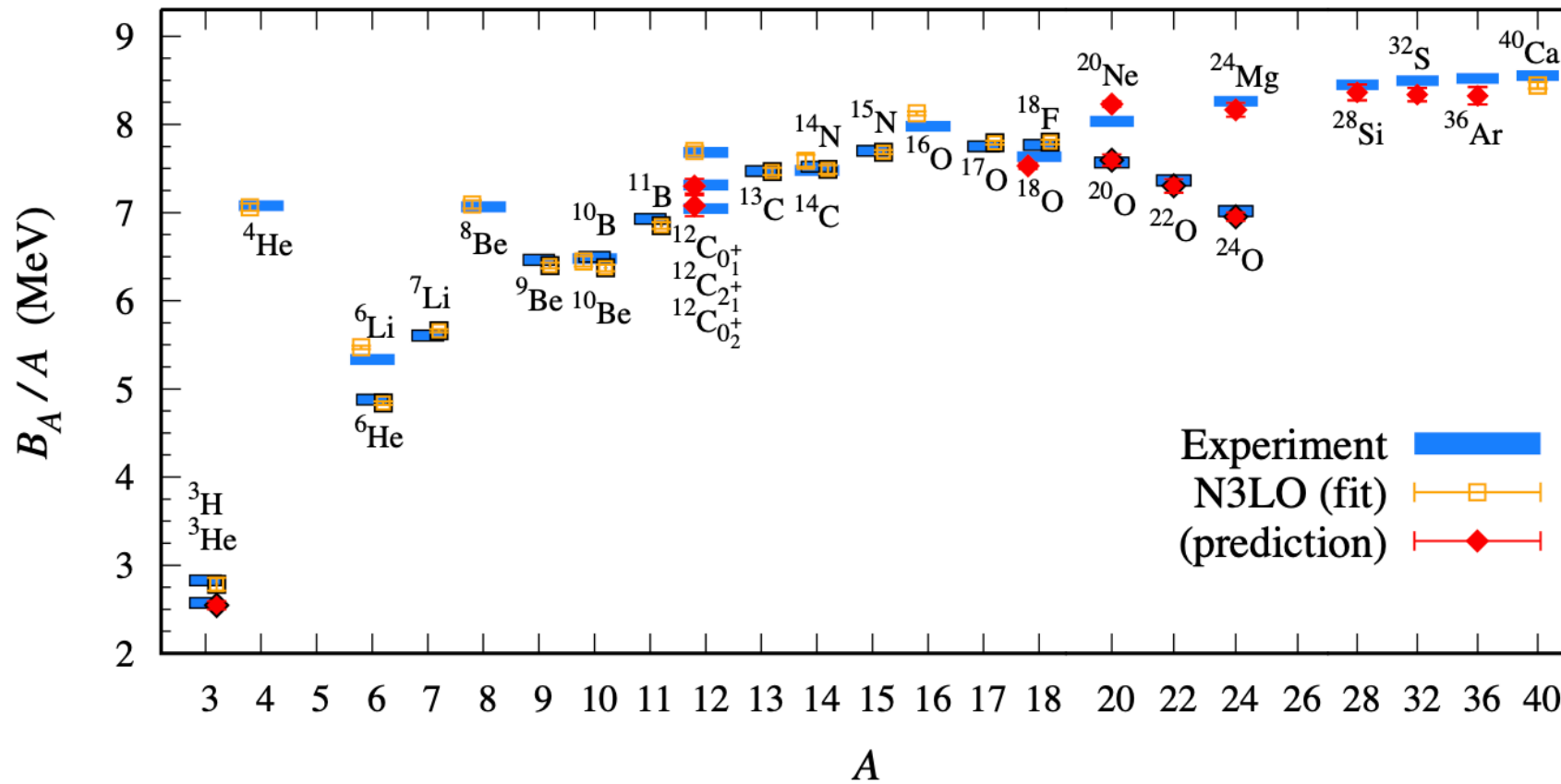
Metropolis Accept/Reject sampling with respect to the action  
(Importance Sampling, Markov chains ...)

- Auxiliary Fields to handle many particles efficiently:
- Idea: Replace Interactions between nucleons with Interaction of a nucleon with an auxiliary field

$$\exp\left(-\frac{C}{2}(N^\dagger N)^2\right) = \sqrt{\frac{1}{2}} \int dA \exp\left[-\frac{A^2}{2} + \sqrt{CA}(N^\dagger N)\right]$$

Since Nucleons only interact with an auxiliary field  $\Rightarrow$  Perfect for parallel computing





Idea:

Combine  $N^3LO$   $\chi EFT(NN)$   
with hypernuclear interactions

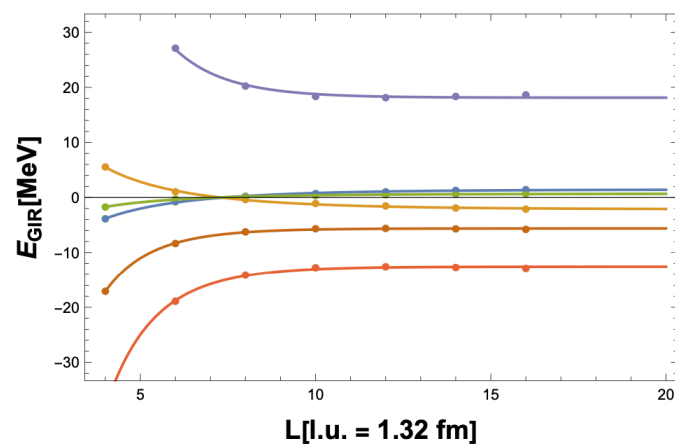
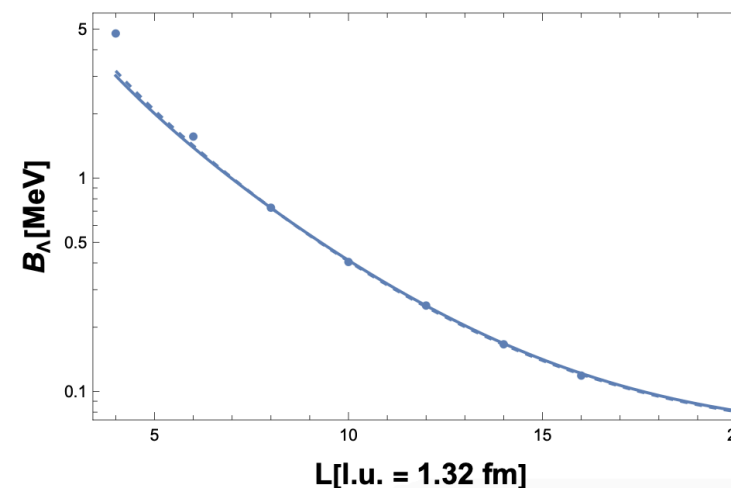
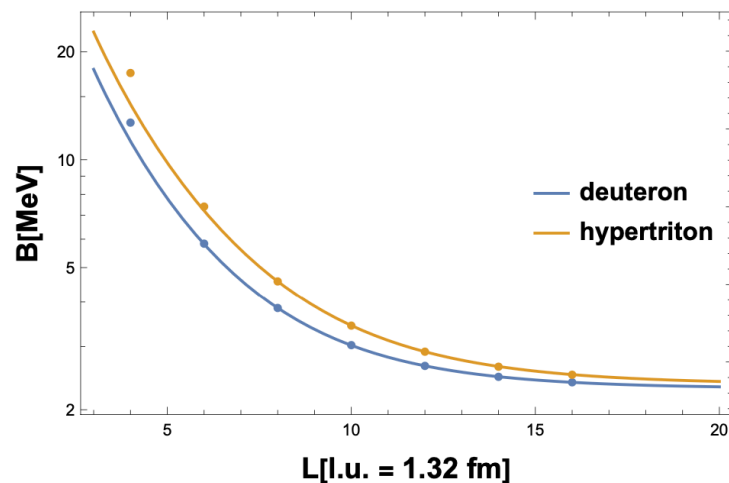
Explore Hypernuclei on the Lattice  
2 options , new challenges

# Option 1: Auxiliary field Monte Carlo

Idea: Use the same Method as for Nuclei, one particle more

Mass imbalance not too bad  $\Delta E \approx 80$  MeV

Sign problem could be fine



Shallow Hypertriton  $\Rightarrow$  L dependence  
Typical nuclear Box:  $L=10,12$

$$c_{1S_0} = -1.40 \cdot 10^{-7} \text{ MeV}^{-2}$$

$$c_{3S_1} = -1.06 \cdot 10^{-7} \text{ MeV}^{-2}$$

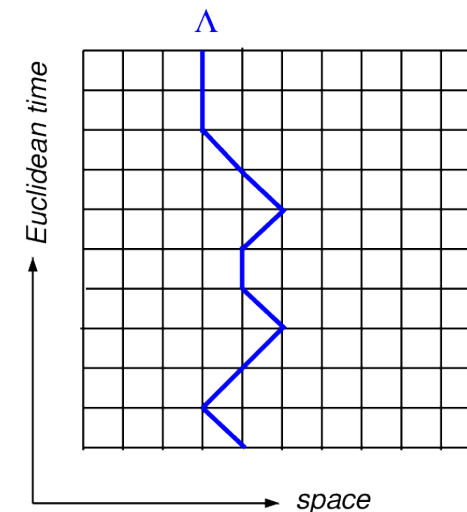
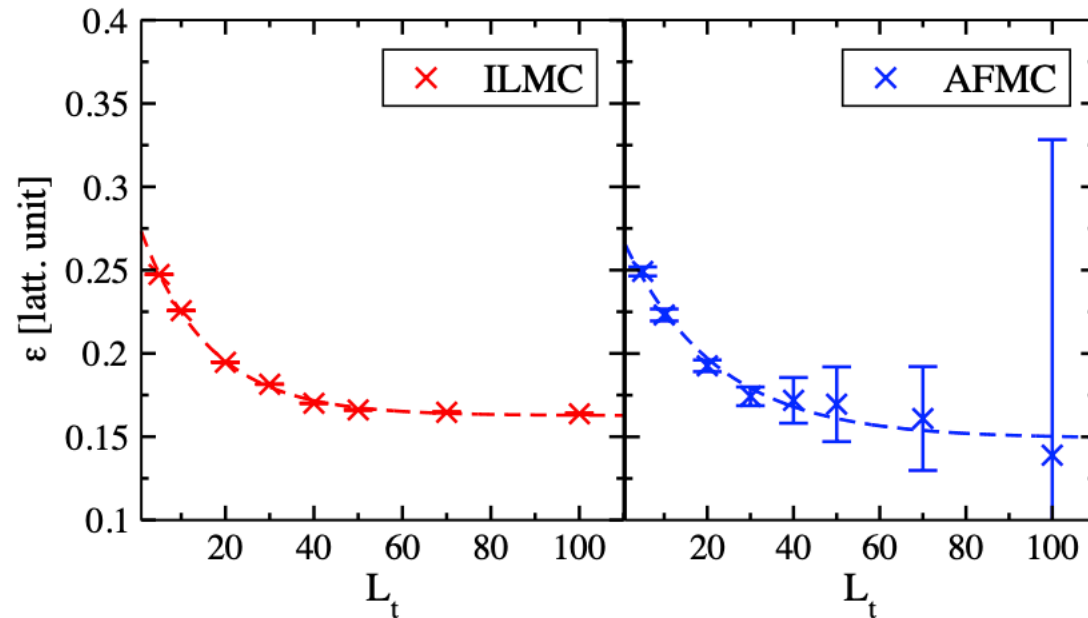
# Option 2: Worldline Monte Carlo

AFMC does not converge as good as in a pure nuclear matter simulation

Need to develop a method that treats these impurities more efficiently

Treat Impurity as worldline:

(S. Bour, D. Lee, H.-W. Hammer, U.-G. Meißner)



(D. Frame, T. A. Lähde, D. Lee, U.-G. Meißner)

We however want to study systems with more impurities !!  ${}^6\text{He}_{\Lambda\Lambda}$

$$\hat{H}_0 = \frac{1}{2m} \sum_{s=\uparrow_a, \uparrow_b, \downarrow} \int d^3\mathbf{r} \nabla a_s^\dagger(\mathbf{r}) \nabla a_s(\mathbf{r}) \quad \leftarrow \quad \text{Kinetic Energy Term}$$

$$\hat{H}_I = C_{II} \int d^3\mathbf{r} \hat{\rho}_{\uparrow_b}(\mathbf{r}) \hat{\rho}_{\uparrow_a}(\mathbf{r}) + C_{IB} \int d^3\mathbf{r} \left[ \hat{\rho}_{\uparrow_a}(\mathbf{r}) \hat{\rho}_{\downarrow}(\mathbf{r}) + \hat{\rho}_{\uparrow_b}(\mathbf{r}) \hat{\rho}_{\downarrow}(\mathbf{r}) \right] \quad \leftarrow \quad \text{Contact Interactions}$$

Worldline - Worldline Interaction
Worldline - Background Interaction

Idea: Integrate out the impurities from the lattice action :

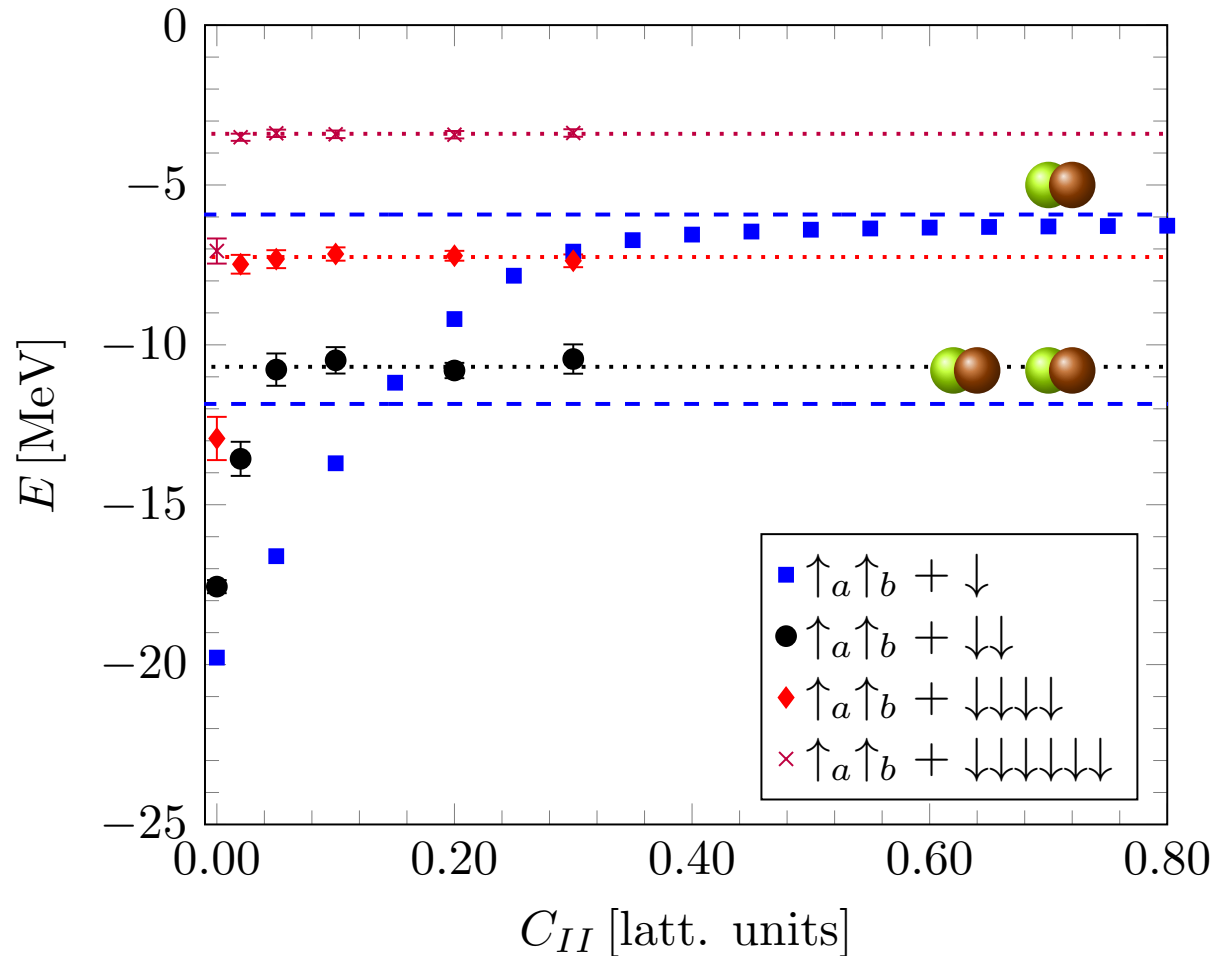
$$\langle \chi_{n_{t+1}}^\downarrow, \chi_{n_{t+1}}^{\uparrow_a}, \chi_{n_{t+1}}^{\uparrow_b} | \hat{M} | \chi_{n_t}^\downarrow, \chi_{n_t}^{\uparrow_a}, \chi_{n_t}^{\uparrow_b} \rangle \Rightarrow \langle \chi_{n_{t+1}}^\downarrow | \hat{\bar{M}} | \chi_{n_t}^\downarrow \rangle$$

With any state in occupation number basis is given by:

$$| \chi_{n_t}^\downarrow, \chi_{n_t}^{\uparrow_a}, \chi_{n_t}^{\uparrow_b} \rangle = \prod_{\mathbf{n}} \left[ a_{\downarrow}^\dagger(\mathbf{n}) \right]^{\chi_{n_t}^\downarrow(\mathbf{n})} \left[ a_{\uparrow_a}^\dagger(\mathbf{n}) \right]^{\chi_{n_t}^{\uparrow_a}(\mathbf{n})} \left[ a_{\uparrow_b}^\dagger(\mathbf{n}) \right]^{\chi_{n_t}^{\uparrow_b}(\mathbf{n})} | 0 \rangle$$

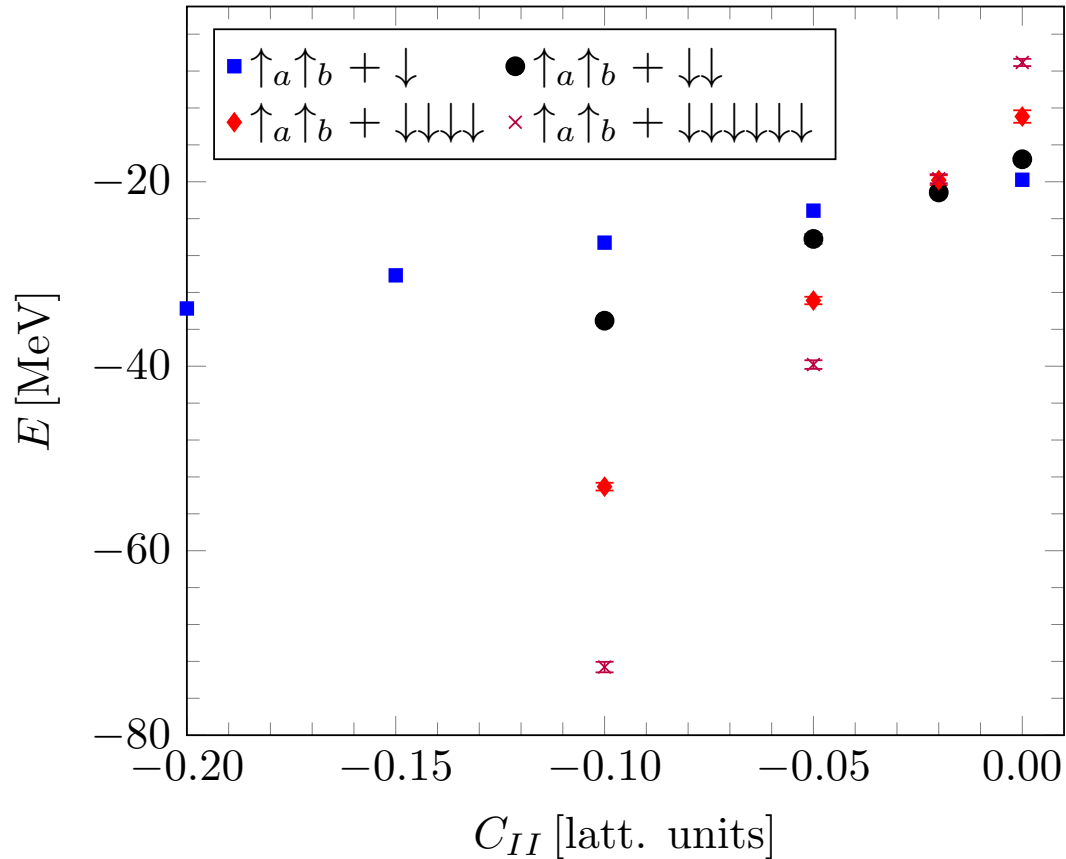


# Results: Attractive Impurity-Background Interaction Repulsive Impurity-Impurity interaction



- Impurity-Background interaction chosen to be attractive  $a \sim 3$  fm
- Trimer stays bound even for very repulsive  $C_{II}$
- The four particle bound state however consists out of two dimers
- Further particles fill up the fermi sea of the box and do not contribute to the binding

# Results: Attractive Impurity-Background Interaction Attractive Impurity-Impurity interaction



- Around  $C_{II} \sim -0.02$  the four particle system is deeper bound than the 3-body system
- Higher-particle systems show a similar behaviour at the same point
- Indication of a rich phase structure

Implementation of Hypernuclear physics on the Lattice is in progress

Two options : AFMC and Worldline+AFMC

Offers another approach to hypernuclear physics with precise interactions

Three-body-hypernuclei are important to understand physics beyond the u- and d-quark sector

Pionless EFT results consistent for large interparticle distance from 2-body Estimate

Results for the hypertriton lifetime with a fundamental deuteron including The full three-body phase space

Branching ratio favours small binding energy

Important to combine different observables: binding energy, lifetime and branching ratios!